



Salena Godden - Pessimism is for Lightweights (Hardback)

Salena Godden

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One of the very first publications to come off the Rough Trade Books press, *Pessimism is for Lightweights* began life as thirteen pieces of courage and resistance from the pen of the one and only Salena Godden. These are poems written for the women's march, poems that salute peaceful protest, poems on sexism and racism, class discrimination, poverty and homelessness, immigration and identity. This new edition expands the collection to full book length and shows Godden at her inimitable best-deft technique and powerful emotional heft, with additional new poems reflecting on our fast-changing world with her trademark humour and resilience.

With a new foreword by John Higgs and an Old English translation by Emily Cotman this is a book full of light, courage and most of all hope.

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